



**Tritons! Tickets for the 2023 Semi Formal** event are on sale now on School Cash Online! Tickets are \$20 for admission into a glamorous NIGHT IN HOLLYWOOD at Nantyr on Thursday, November 30th from 7pm-10pm! Save the date and join us for this fabulous night filled with glitz, glamour, and unforgettable memories! These tickets WILL sell out so act now and get yours before they are gone! Can't wait to see you there! **YOU WILL NEED YOUR STUDENT CARD FOR ADMISSION TO THIS EVENT, SO PLEASE REMEMBER TO BUY YOUR STUDENT CARD ON SCHOOL CASH ONLINE WITH YOUR TICKET.**

**STUDENT CARDS!** STUDENT CARDS! STUDENT CARDS! Still waiting to see if you need a student card before buying one? The time has come! **YOU NEED ONE** if you would like to participate in K Cup, Semi Formal, Prom, Spring Fling, or even playing on a sports team. How do you buy yours? Go onto school Cash online and order yours there! Don't miss out on the fun and get your student card today!

**Do you want a chance to win** three semi-formal tickets AND to support a great cause? If so... Visit the booth outside the library during lunch this week, from Tuesday, the 21<sup>st</sup> until Friday the 24<sup>th</sup>. For only \$2 a ticket, you have a chance to win three semi-formal tickets AND all the proceeds from the raffle go to the Busbee Centre transitional housing program. All are welcome for our unlimited entry. Hope to see you there!

**In Simcoe County Schools,** 14% of students reported experiencing bullying and only 27% told someone about it.

Did you know that bullying can take many forms? It can be physical, verbal, cyberbullying, social/relational, or written. If you're experiencing bullying, it's important to remember that it's never your fault, you are never alone and that there are things you can do to address it. Report it, talk to a safe individual, or reach out to a resource like Kids Help Phone at 1-800-668-6868.

**Attention all GSA members!** There is a meeting today at lunch in Room 319. New members are always welcome. Once again GSA today at lunch in Room 319. See you there!

**Any girls interested** in playing rugby this year please come to a meeting at the start of lunch this Friday, November 24<sup>th</sup> in Portable 6.

**Any students who are interested** in helping create a display in the front foyer for Christian Heritage month in December can stop by Room 241 at the beginning of lunch on Friday November 24. If you cannot make the meeting, stop by Room 241 anytime and sign up to get involved.

**Attention Health and Wellness** SHSM students. A reminder that today is the first day of our CPR & First Aid training. Please meet in portable 2 by 8:15am today. Again, a reminder to Health & Wellness SHSM students that if you are signed up for first aid & CPR, it starts today. Any questions, see Ms. Potts or Ms. Thomson in the Phys-Ed office.

**Attention all girls trying out** for the Varsity Girls Hockey Team. We will be having our last tryout on Thursday November 23<sup>rd</sup>, that's this Thursday from 3:15-4:15pm at the IRC. Any questions please see Ms. Thomson, Ms. Enwright or Ms. Potts. See you Thursday!

**A reminder that Art Club** will meet today during lunch AND AFTERSCHOOL in room 122! We will be making Holiday Cards to give to our community's senior citizens. It always brings a smile to their faces! Come at lunch or afterschool or both! See you in the art room!

**For students** who are interested in mental health advocacy and leadership! We are starting up a student led wellness group, which will be a group of students who will be promoting and organizing wellness and mental health initiatives around the school community. Our first meeting will be on November 24th, at lunchtime in room 210. If you have any questions, come by guidance to speak with the school social worker Kanasha.

**Fron the Cafe:** Ready, get set, go! Its our Black Friday Door Crasher deals in the café this week! Don't miss out on new deals for only a toonie everyday!

Today's door crusher: Cheese Pizza Slice for a Toonie! Hurry they won't last long.